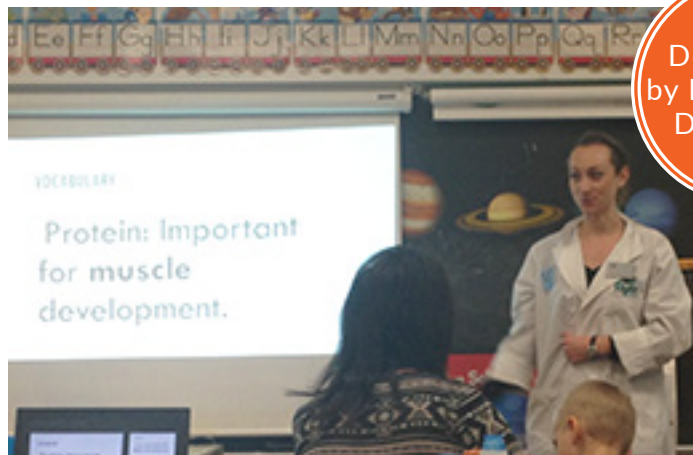


ShopRite Student Shopper™



Developed
by Registered
Dietitians



Get students involved in learning about nutrition and their community in this innovative, FREE, two-part program with ShopRite!

Ambassador at School (Part 1)

A ShopRite Student Shopper™ Ambassador will visit your classroom to introduce nutrition concepts through demonstrations and engaging activities. Students prepare for part 2 of the program, a visit to a ShopRite store, by learning the following concepts:

- Healthy eating provides energy and keeps our bodies functioning well.
- It is important to eat foods from all the food groups.
- MyPlate guidelines and Nutrition Facts Labels help us make healthy food choices.
- “Sometimes foods” contain higher amounts of fat and sugar than healthy food options.

Age Range: Grades 3-6

Duration: 60 Minutes

Cost: Free

In-Store Field Trip (Part 2)

Armed with a shopping list and the knowledge to distinguish between healthy and “sometimes foods,” students shop for the ingredients for a healthy snack within their local ShopRite store. Students also participate in a scavenger hunt and other hands-on activities including:

- Estimating and verifying the weight of different food items needed for a healthy snack.
- Determining the price per unit to make budget-friendly decisions.
- Reading nutrition labels.
- Discussing what influences people’s food choices.

Age Range: Grades 3-6

Duration: 90 Minutes

Cost: Free (Groups must first book Part 1)



After the Ambassador at School event, arrange for a “Parent Night” from ShopRite at your school in preparation for the in-store event! Visit

www.FieldTripFactory.com/ShopRiteParentNight



Access post-trip activities that extend the learning and fun by clicking the Resources tab at

www.FieldTripFactory.com/ShopRite

Learn more and book
online in minutes at:



www.FieldTripFactory.com/ShopRite



800.987.6409

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FACTORY