

FROM THE FIELD

Hands-On Nutrition Field Trips

Go on an adventure in healthy living with a FREE field trip at you local Lowes Foods!

What is it?

- On this free field trip hosted by Lowes Foods, students become aware of why it's important to eat a well-balanced diet and live an active lifestyle. Each stop along the way reveals key nutrition and healthy living concepts.

What will students learn about?

- Everyday healthy choices in the aisles of your local supermarket
- The importance of portion control and the benefits physical activity
- How to eat healthy on a budget
- The benefits of buying locally sourced ingredients

Why attend?

- Program curriculum supports national standards
- Experiential learning is effective and fun
- Field trips encourage community involvement

Who is eligible?

- All organizations including scouts, camps, after school programs, church groups, etc.
- Students in grades PreK-6 (Both public and private schools welcome!)
- Suggested Group Size: 7-30 students (Group size limit may vary due to individual store layouts)

Community-Based Learning for FREE!



Reserve your free field trip now: 

Go to FieldTripFactory.com/Lowes or call 800.987.6409