

Be a Smart Shopper

Hands-on nutritional field trip

Go on an adventure in healthy living with a FREE field trip at Giant Eagle!

What is it?

- On this free field trip, students become aware of why it's important to eat a well-balanced diet and live an active lifestyle
- Each stop along the way reveals key nutrition and healthy living concepts

Learn about:

- Everyday healthy choices in the aisles of your local supermarket
- The importance of portion control and the benefits physical activity
- Healthy habits that support overall wellness

Why attend?

- Field trip content supports national standards
- Experiential learning is effective and fun
- Field trips encourage community involvement

Who is eligible?

- Students in grades PreK-6 (public and private schools welcome)
- All non-school organizations including scouts, camps, after school programs, church groups, etc.
- Suggested group size: 7-30 students
(Group size limit may vary due to individual store layouts)



Reserve your **FREE field trip** now:



Go to FieldTripFactory.com/GiantEagle or call 800.987.6409